



BEAR NEWS

RUSSELL SCHOOL NEWSLETTER

March 2018



Russell Family Resource Center | 728-2400 ext. 4846 | frcrussell@mcps.k12.mt.us

Go to the Russell web page for the ABC calendar, construction updates, menus, teachers' notes, and more!
www.mcpsmt.org/russell

Important Dates in March

March 6-8—Conferences

March 8—half day of school, early out K-3 11:05, 4-5 11:35

March 9—No School

March 12-16—Science CST testing for 4th graders

March 14—PTO meeting, 7:00pm Russell Library

March 19—Bond Review Meeting, 6:00 Russell Library

March 26-30—Spring Break—No School



—Lost and Found—please check for missing items

Parent Connection...the next steps

We held 18 Parent Connection luncheons over the months of January, February and March. We heard from our families, and you had so many great things to say! You will start to see action on some of the prominent concerns and suggestions that our school community shared with us.

We heard and talked a lot about the construction at our school. Some questions we couldn't answer. Join us Monday, March 19th in the library at 6:00 with the people that can answer many of your questions.

Who: anyone with questions or concerns about Russell School construction and expansion

What: Bond Review Meeting

When: Monday, March 19th at 6:00

Jump Rope For Heart

Hello Families!

We are nearing the end of our participation time in the American Heart Association's Jump Rope for Heart in PE!

Thank you to all the families who have said yes to their kiddos raising donations! Please turn in all donations as soon as you have finished, with Friday March 2nd being the closing date. Thank you gifts that were earned will be ordered after all money is turned in and accounted for. Gifts will be handed out in PE classes after they arrive and before the end of the school year! It will be fun to see if we reach our goal of \$5000 and which house earns the most donations! If you have any questions, please talk to Ms. Opstad!



Bus Lanes

The Bus lanes are located on the North side of the annex buildings. When picking up or dropping off students please do not stop or park along the sidewalks as the busses will be loading and unloading students in this area.

From our Nurse: when should a student stay home?

Guidelines have evolved over time as medical science better understands disease transmission and treatment. These are current guidelines from the Missoula City-County Health Department as well as other medical resources.

For a complete list of healthcare guidelines please visit the MCPS Health Services link.
www.mcps.org-> Student services-> Health services

Although not conclusive, please adhere to the following guidelines.
Students should stay home when any of the following occur:

***When ill with any symptoms and is feeling too sick to participate in the usual school activities or what normal for that child.

***Vomiting more than 2 times in the previous 24 hours unless the vomiting is determined to be caused by non-communicable condition and the child is not in danger of dehydration.

***Abdominal pain that continues over 2 hours or intermittent abdominal pain with fever, dehydration or other signs of illness.

***Strep throat, until 24 hours after treatment has been started.

***A fever is present. Fever is defined as a temperature of 101° orally, 102° rectally or 100° axillary or **higher**.

Keep your child home if they have the flu. It usually takes 5-7 days to get better. To come back to school they should feel better without a fever when not taking Tylenol or ibuprofen.



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March Early Outs and No School

Thursday March 8—Half day early dismissal K-3 at 11:00 4,5 at 11:30

Friday March 9—NO SCHOOL

Monday-Friday March 26-30—NO SCHOOL!! Spring Break



PTO

Next Meeting: Wednesday, March 14 at 7:00pm Russell Library.

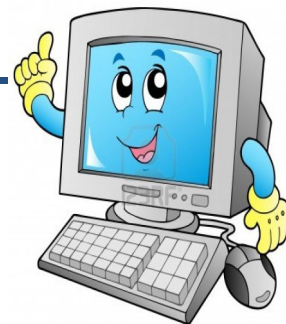
The Russell Bears Parent Group (PTO) will meet on the 1st Wednesday of the month at 7:00 pm in the library. The Parent group coordinates extracurricular activities for students.

Join our group on Facebook: Russell Bears Parent Group or drop us an email: ptorussell@yahoo.com

March ABC Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
			1 C2	2A
5 B	6 C	7 A	8 B	No school
12 C	13 A	14 B	15 C	16 A
19 B	20 C	21 A	22 B	23 C
No school	No school	No school	No school	No school

To find this same schedule online:
www.mcpsmt.org
—> About us
—> Our Schools



Missoula Fresh Market



Missoula Fresh Market will donate a portion of sales to Russell School.

When paying, let the cashier know that you would like to donate to the school. You will write "Russell" at the top of your receipt, and give it back to the cashier. The cashier can provide a duplicate copy of your receipt. Thank you for supporting our student activities!

We Love our Volunteers

Russell School loves to have our families and volunteers involved!

All volunteers in Missoula County Public Schools **MUST** complete an application and, depending on their desired volunteer activities, pass a background check prior to working in a school or classroom.

Please visit the Missoula County Public Schools website for more information as well as all of the links for volunteer registration.

www.mcpsmt.org>Departments>Volunteer Resources <https://www.mcpsmt.org/>

Family Resource Center (FRC)

The Families in Transition Program, FIT, is a district-wide program that seeks to assist all students' families with the experiences, challenges, and changes that happen in life. The Russell School Family Resource Coordinator is here to help and advocate for your family.

This program is unique in the way we work with each family. As we all know, every home is different, and therefore, you are the expert of your family.

The FRC can help with:

McKinney Vento Services
Housing and employment—Internet available
Clothing, food and toiletries—supplies and resources
Information, referrals and paperwork assistance
Connections to community supports and programs

The role of the FRC Coordinator is to assist you with the needs, questions, concerns, and ideas that you have for your family. This program is for all of our Russell Bears! The Russell FRC can be reached at 728-2400 x 4846, in person or email frcrussell@mcps.k12.mt.us

Russell Bears House System

In a world where you can be anything, BE KIND!

#RussellBearsRock

March focus: Honesty

Parent Connection Luncheons:

March 1—3rd Gillespie (11:25-12:10)

March 2—3rd Mitchell (11:25-12:10)

Questions to Consider:

1. What are we doing well at Russell School?
2. What can we do better at Russell School?
3. How can we increase family involvement?





Parent Connection March Honesty

"In a world where you can be anything, be kind."
#RussellDearsRock

I WILL TELL THE TRUTH.
I WILL MEAN WHAT I SAY.
I WILL DO WHAT I SAY.
I WILL MAKE SMART CHOICES.

WHAT DOES HONESTY LOOK LIKE?

- ✓ Being consistently truthful so others can trust you
- ✓ Caring enough about others not to mislead them for personal benefit
- ✓ Never stealing, cheating, defrauding, misleading or deceiving
- ✓ Including all the information, not just a part of it
 - ✓ Honoring your commitments
 - ✓ Giving praise when it is sincere
- ✓ Telling information without distortion or exaggeration
- ✓ Declining things you do not deserve like awards, praise, money, credit of ideas, etc.
 - ✓ Refusing to listen to negative talk or gossip about someone else
- ✓ Admitting our mistakes to others, even if they result in consequences
- ✓ Ensuring that what you say and what you do match
- ✓ Taking a stand for what you know is right

Book Ideas

- *A Bike Like Sergio's*
• Maribeth Boelts
- *Penny and Her Marble*
• Kevin Henkes
- *Yoon and the Jade Bracelet*
• Helen Recorvits
- *Sam Tells Stories*
• Thierry Robberecht
- *Ruthie and the (Not So) Teeny Tiny Lie*
• Laura Rankin
- *The Secret Olivia Told Me*
• N. Joy
- *The Empty Pot*
• Demi
- *Sun & Spoon*
• Kevin Henkes
- *Shiloh*
• Phyllis Reynolds Naylor

integrity
genuine
ethical
sincere
honesty
dependable
honor
trustworthy
truthfulness